

Do you need help with

# training or finding a job?

Workforce Services can help youth get education, training and jobs. Visit the training services page at [jobs.utah.gov](http://jobs.utah.gov) for more information.



## JOB SEARCHING ASSISTANCE

- Learn how to access thousands of job postings at [jobs.utah.gov](http://jobs.utah.gov).
- Set up an individualized job seeker profile to find the jobs you are interested in.
- Download our mobile app to search for jobs.
- Attend workshops in-person or online to learn the importance of resumés, job search strategies, networking, etc.
- Find out what jobs pay and which ones are in demand.

## POST-SECONDARY EDUCATION AND TRAINING

- Take assessments to find which type of education or training is best for you.
- Explore [careeronestop.org/GetMyFuture](http://careeronestop.org/GetMyFuture) to learn about careers, education or training, and find options for gaining work experience and skills for finding a job.
  - Learn about training schools and programs, costs, and if they are offered on campus or online.
  - Get help applying for FAFSA (federal student aid) and finding scholarships.
  - Get help setting up campus tours, scheduling appointments with academic advisors and researching housing options.



## LEADERSHIP DEVELOPMENT ACTIVITIES

- Prepare to live on your own responsibly: learn skills such as problem solving, communication, relationships, time management and more.
- Participate in workshops like Assertive Communication, healthy couple relationships, or classes on decision-making and resolving conflicts.
- Get involved in youth council meetings to help other youth be successful.



## HELP ACCESSING RESOURCES

- Health care
- Food assistance or child care for those who are working and have children
- Expungement of a record or how to get bonded if applying for work with a criminal background
- Referrals for housing assistance
- Counseling or help with domestic violence or substance abuse

If you or someone you know aged 14-24 is interested, apply for training services at

[jobs.utah.gov](http://jobs.utah.gov)